



“ The product is extremely palatable, and I can see no reason why I will not be using it for the duration of my sailing career. I believe it is something which can benefit club sailors and international competitors alike, and I would quite happily recommend it to anyone.”

March 2004 update - “ For me Liquid nutrition is crucial. After training I never feel like eating solids, and for convenience, Herbalife's formula one is unbeatable. I travel extensively through competing and coaching sailing, and I know that I can rely on formula one to meet all my nutritional needs.”

Jon Emmett